

Secrets of Straight 'A' Students

An engaging 2-day workshop developed from integrative research in Emotional Intelligence and designed for youths aged 10 and above to equip them with skills to manage their emotions, make responsible decisions, increase optimism and motivation for studying as well as learn the latest studying techniques.

Few workshops have the potential to make a significant difference in how a child behaves in school and at home. This program can. Your child will be exposed to a series of games and activities that are designed to allow them to change within, feel motivated and confident to want to study.

Learning Objectives

- Learn the hidden messages behind your emotions and how to make better decisions.
- Recognize and release your negative unconscious beliefs and start creating new empowering beliefs.
- Develop the value of optimism and gratitude which results in peace and joy.
- Learn the key element of increasing trust between you and your parents.
- Learn key studying skills: learning state, spelling wizard, crazy story, memory pegs and mind maps.



Program Outline

DAY 1

- Hidden messages of your emotions.
- Removing personal blocks and creating new beliefs.
- Studying Techniques.

DAY 2

- Develop Optimism and Gratitude.
- Studying Techniques.
- Increase Trust between you and your parents.

Workshop Details

Date: 24 & 25 June 2013 (10am – 6pm).
Venue: 1 Woodlands Road, Junction 10 #02-09
Singapore 677899.

For Single Participant

- Regular Fee: SGD588 per person.
- Early Bird Fee: SGD488 per person
(register & pay by 9 June).

For Two or more Participants

- Regular Fee: SGD488 per person.
- Early Bird Fee: SGD438 per person
(register & pay by 9 June).

Includes Course Materials and Lunch.
Follow-up Family Support System: Invitation for
Quarterly 3hrs Parenting Workshop.

Enquiries & Registration

Phone: (+65) 9833 3640.

Web: www.eqasia.com

Email: info@eqasia.com

About The Facilitator



Adrian Toh (Senior Consultant) has been helping individuals move to a more empowering space in their lives through counselling and coaching for the past six years. He is the holder of several certificates like Master Practitioner NLP, Master Time Line Therapy® Practitioner, 6 Seconds EQ Practitioner as well as Coach in Self Esteem Elevation for Children.

These certifications have invariably helped him to become an effective trainer and counsellor, allowing him to identify issues and challenges faced and subsequently help them move towards their goals. Furthermore, his training as a certified Master Hypnotherapist allows him to resolve deep-rooted incidents from the past that were the chains that had held them from achieving their goals.

Adrian's prior experience was working in the military where he was heavily involved in aiding in-service personnel with their challenges. Some of his past experiences in the Army were: Battalion Commander of a Maintenance Battalion, leading a total of 400 soldiers, Head of a HR department which oversees the career development of around 2500 regulars. He was an active Para-counsellor as well as a member of the SAF Para-counsellor Advisory Committee, touching the lives of those in need.

Being a father of four kids, Adrian definitely has a way to relate and connect with the youth. His ability to understand and empathise with the challenges they face allows them to feel at ease and comfortable to open up and share. Adrian and his family were featured in a TV documentary entitled "Meet My Family, Episode 2".

Adrian's Purpose of being "a positive force in the world" has been the beacon to guide him to continually seek new skills and technologies that allow him to quicken the change process.

Certifications with which Adrian is accredited include:

- Certified 6 Seconds EQ Facilitator.
- Certified Coach in Self-Esteem Elevation for Children with Center for Personal Reinvention.
- Certified Master NLP Coach with American Board of NLP.
- Certified Master NLP Practitioner with American Board of NLP.
- Certified Master Practitioner of Time Line Therapy® by Time Line Therapy Association.
- Certified Master Hypnotherapist by American Board of Hypnotherapy.
- Certified Hypnotherapist by National Guild of Hypnotists.
- Certified 5 Path and 7th Path Hypnosis Instructor by Banyang Hypnosis Center.
- Certified to administer DISC.

Adrian has a degree in Mechanical Engineering from Nanyang Technology University (NTU) of Singapore.

Registration Form: Secrets Of Straight 'A' Students

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|----------------------------|--------|-------|
| Youth's Name | Gender | Age |
| School | | |
| Parent's / Guardian's Name | | |
| Address | | |
| Phone | Fax | Email |

For Payment, bank transfer to POSB Savings Account Number: 081799660.

To Register, print this registration portion and bring it to the Workshop on the first day.

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