



SKILLS *future* SG

# SELF-MASTERY & AUTHENTIC COMMUNICATION WITH THE ENNEAGRAM

This 2-day Workshop offers a powerful and dynamic personality system that describes nine distinct and fundamentally different patterns of thinking, feeling and acting. The tool enables individuals within organizations to understand their own and others' motivations and behavior patterns, and to communicate and work more effectively with each other. You will never look at each other the same way after this program.



Offering a framework for personal and organizational transformation, the Enneagram encourages personal responsibility, supports continuous improvement and fosters open communication. The Enneagram is effective in many business and organizational applications, including teambuilding, executive coaching, performance enhancement, communication skills, motivation, time management, negotiation, training and development. The Enneagram demonstrates different points of view, strengths, limitations and communication styles for each of the helps team members learn how to prevent and handle conflicts, work with their blind spots and become more effective leaders. As you discover your personality type and the underlying basic proposition, you also will discover what motivates you, your coping strategy and keys to personal development.

Attendees of this workshop claim that they have never known so much about themselves from a single workshop. The learning will help you explore deep patterns of thinking, beliefs, behaviors and values and what led you to become the way you are. The most valuable takeaway is the acquiring information on whether you are living on the resourceful side of your life right now or not and if it is the latter, this workshop will offer a roadmap for making a complete turnaround.

## Participants Will Learn

- *Understand the key Features of the nine Enneagram Styles*
- *Identify Unconscious Patterns that trigger Reactions and Drive one's life*
- *Practice how to read Behaviors and predict possible Outcomes*
- *Understand our Predispositions to Conflict and how they Trigger people in different ways*
- *Gain Clarity on our Communication Blind spots and enhance Communication through the Understanding of our Differences*
- *Learn how to give Effective Feedback to different kinds of people because each of the 9 types want to receive it differently*
- *Understand the Importance of Facing up to Difficult Situations and how to Effectively get your point across*
- *Learn the deeper Nuances of your Profile and draft an Action Plan towards Resourceful behaviors*
- *Understand all the Personalities around you so that you Listen with Compassion, Awareness and Understanding*

*Includes:*

*Workshop Bonus 1: 1 Profile x Wagner Enneagram Personality Scoring System (WEPSS)*

*Workshop Bonus 2: Debriefing with Dr Granville Ed D'Souza / Marion Nicole Teo*

## Program Details

Date: 17 & 18 June 2017.

Venue: To be advised

Early Bird Fee: SGD 440 (payment by 1 June 2017).

Regular Fee: SGD 640 (*Skills Future Credit Approved*)

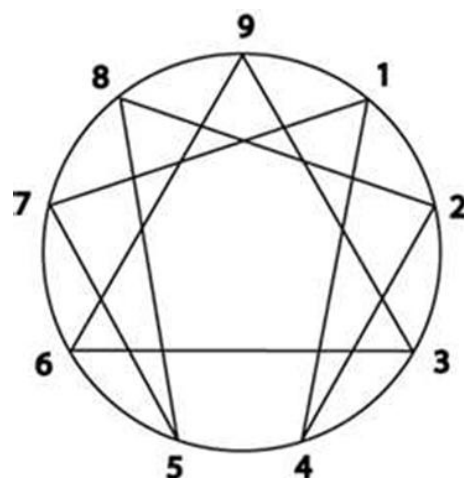
Group Discount: SGD 400 for 3 or more participants (by early bird date).

Course ID: CRS-N-0042251

*For more information, please contact:*

*Singapore: (+65) 6474 1637 & (+65) 9732 1384*

*or e-mail [info@egasia.com](mailto:info@egasia.com)*





## About EQ Asia

EQ Asia is dedicated to teaching Emotional Intelligence (EQ) in an engaging and thought-provoking way, blending fun and learning processes that translate into positive shifts and breakthrough results.

We deliver proven EQ interventions that accelerate positive change for individuals, businesses and teams and are at the forefront of research into the latest practices and applications to manifest results for all our partners. With over 15 years of experience conducting EQ programs in the Asian region, our consultants have supported clients in Singapore and throughout Asia including top brands like AMEX, HSBC, SIA, Shell, Hewlett Packard, NOKIA, Sheraton, IBM, etc. The learnable skills that are essential for all individuals to learn to attain peak performance include consciousness, optimism, empathy, trust, building effective relationships, management of impulses, influence, self-efficacy and finding one's purpose.

We utilize a behaviour based EQ profiling system that blends various disciplines ranging from performance management, psychology, and behavioural science and neuro research to guarantees results with those who seek change and transformation. In addition to EQ profiling, we combine it with the Enneagram Personality profiling and values profiling so that one's view of themselves and the world is expanded. Such information, thus, gives a multi-faceted opportunity for positive change to happen and specific steps to be taken.



## What Others are Saying

*"Granville is a passionate teacher in the field of Enneagram. Learning and knowing the skills of Enneagram is important for business and meeting clients. And the best person to learn from is Dr Granville because his deep understanding of the subject."*

**David Woo**

**Director, Snappers Publishing, Malaysia**

*"Enneagram is a fascinating program about self-discovery/reflection and appreciation of others. It is self-empowering and very pertinent to our daily lives. I was apprehensive about the program initially as it came across as 'intensive' but Granville's energetic, enthusiastic and effervescent style got me engaged from the moment I entered the class! His well-timed and genuine facilitation has benefited me, professionally and personally a lot."*

**Jason Tan**

**Manager (Dean's Office), Office of Student Affairs, NUS**

*"Granville is a very authentic, knowledgeable and passionate trainer and facilitator. His insights and sharing on the Enneagram tool has helped me understand myself better. Although I have undergone an Enneagram programme conducted by another trainer, Granville helped me 'type' myself in the right place. I felt good about it. Thank you Granville, you are an inspiration!"*

**Caroline Then**

**Bank Julius Baer & Co.**

*"We are constantly trying our best to prepare our students well, starting with getting to know themselves better. We have engaged Marion and she has helped the students understand who they are and what they can do with the gaps. Marion has been really engaging and the students became more aware of themselves and even come to her personally for guidance and advice. This is quite heartening to see. The Enneagram training by Marion is great!"*

**Desmond Teo**

**Career Advisor at NUS Career Centre**

*"An insightful course, which allows for self-discovery. Knowledge that can be applied immediately at the workplace. Excellent trainers in both Granville and Marion."*

**Mohd Fadhil**

*"Very insightful. Now I understand my husband so much better and we have been married 20+ years. Also great for understanding family and work personalities."*

**Samantha Greaves,**

**CFO, Fisher & Paykel Appliances**

*"I like the engaging and lively environment and the tactful way of presenting so as not to affect the learners' openness."*

**Janice Loh**

*"Insightful. Great sharing by facilitators and course mates."*

**Candice Cheng**

*"Good overview and insightful discussions."*

**Teo We Chang**

**NUS High School**

## About The Presenters



**Dr Granville Ed D'Souza** is the Managing Director of EQ Asia and Peak Performers, a consulting and training practice specializing in organizational behaviour and performance. Previously he was the Regional Director (SEA) with Six Seconds. In the last 20 years, Granville has been helping leaders and their charges approach their strengths and weaknesses through coaching and facilitative workshops that deal with team and individual behaviour. He has been actively promoting Emotional Intelligence in organizations since 2000 where he employs tools and therapies to help staff cope with emotional issues and find solutions to their challenges.

He also uses various instruments like DISC, Enneagram, Harrison Innerview, MBTI, SEI and Baron's EQ-i in his coaching practice to help participants understand innate behaviours and those within their influence so that they can work on noticeable patterns. His present programs include Leadership, Performance Coaching, Energy Psychology, Emotional Intelligence, Personality and behaviour Profiling, Coaching with EFT (Emotional Freedom technique). He frequently uses techniques on Psycho Cybernetics to build self-image and belief in others through his 3 month coaching system thus ensuring permanent results.

He has authored numerous articles for a variety of HR magazines, is the co-creator of the EQ Coach cards, written 3 books entitled EQ from the Inside Out, Unshakeable Spirit and EQ: The Secret of Inspiring leaders. Granville has a Bachelor of Arts, an MBA and a Doctorate in Business Administration with the University Of South Australia where he researched on Emotional Intelligence.

**Marion Nicole Teo** is the Director at Peak Performers Training & Consultancy and the General Manager at EQ Asia. She is a 6 Seconds EQ Certified Practitioner and Six Seconds EI Coach, a Certified Enneagram Spectrum Facilitator and is also trained in the Enneagram Studies in the Narrative Tradition. Marion has attained the full Advanced Certification in Training & Assessment (ACTA) and conducts the Singapore Workforce Skills Qualifications (WSQ) programmes on EQ and Resilience.

She has over 20 years' experience training in diverse industries, including financial institutes, government agencies, universities and retailers, in the areas of etiquette and protocol, professional image, emotional intelligence, service quality, conflict resolution and developing interpersonal relations. Some of her clients include Ministry of Foreign Affairs, Great Eastern Life Assurance Co Ltd, UOB Bank Limited, CIMB Bank Berhad, RSM Chio Lim Stone Forest, staff of Singapore University of Design & Technology, and students from the National University of Singapore, Nanyang Technological University and the Singapore Management University.

In 1987, she was crowned Miss Singapore Universe and represented the nation in the Miss Universe pageant where she did Singapore proud as one of the semi-finalists. Marion holds an Honours degree in Biochemistry from the National University of Singapore. She has recently written a book "Happy Once Again", sharing her life struggles and challenges, and how she overcame them.

-----cut along the line-----

### Registration Form: Self-Mastery & Authentic Communication with the Enneagram

Name \_\_\_\_\_ Position \_\_\_\_\_

Name \_\_\_\_\_ Position \_\_\_\_\_

Name \_\_\_\_\_ Position \_\_\_\_\_

Name \_\_\_\_\_ Position \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Cheque For (S\$ \_\_\_\_\_ ) enclosed. \_\_\_\_\_ Date \_\_\_\_\_

Make Cheques Payable To: "CEQ Asia Pte Ltd".  
33A West Coast Park, #03-39 Botannia. Singapore 127727.

To Register: Fax this form to (+65) 6474 1647.  
Or email: [info@eqasia.com](mailto:info@eqasia.com)